

**UHN-24059**

(N031) B.Sc. Home Science  
(First Semester)

Examination, Dec.-2024

**Compulsory/Optional**

EMOTIONAL INTELLIGENCE

*Time : Two Hours ]                    [Maximum Marks : 35*

**Note :** Answer from both the section as  
Directed. The figures in the right-  
hand Margin Indicate marks.

**Section-A**                     $1 \times 5 = 5$

**I** 1. Emotional Intelligence in leadership  
explains :  
(a) Effective Communication  
(b) Building Strong Relationships

(2)

(c) Conflict management  
(d) All of the above

2. What is emotional intelligence?  
(a) The ability to monitor one's own and  
others feeling and one's thinking  
and actions  
(b) The ability to not get angry when  
provoked.  
(c) Being able to 'read' other people  
(d) None of the above

3. Which of the following is the best  
predictor of academic performance?  
(a) Trait EI  
(b) IQ  
(c) Personality  
(d) None of these

4. The function of communication that  
facilitates fulfillment of social needs is  
called :  
(a) Emotional expression  
(b) Information  
(c) Motivation  
(d) Interaction

**(3)**

5. Which of the following is a basic component of attitude?

- (a) Cognitive component
- (b) Affective component
- (c) Behavioral component
- (d) All of these

**II.** Answer the following short answer type questions.  $2 \times 5 = 10$

- (a) Name the ability model of emotional intelligence?
- (b) What do you understand by self-awareness?
- (c) What is empathy?
- (d) Write the technique to manage emotions.
- (e) Define emotional intelligence.

### **Section-B**

Answer any **one** question from each unit.  $5 \times 4 = 20$

**UHN-24059**

**(Turn Over)**

**(4)**

### **Unit-I**

- 3. Explain the ability model of emotional intelligence.
- 4. Discuss the importance of emotional intelligence.

### **Unit-II**

- 5. Explain the term social competence and its importance.
- 6. Describe the characteristics of Leadership.

### **Unit-III**

- 7. Discuss the role of empathy in communication.
- 8. Discuss the role of compassion.

### **Unit-IV**

- 9. Describe the conceptualizations of emotional intelligence.
- 10. Discuss how to develop emotional intelligence skills.

**UHN-24059**