

UHN-24059

(N031) B.Sc. Home Science
(First Semester)

Examination, Dec.-2024

Compulsory/Optional

EMOTIONAL INTELLIGENCE

Time : Two Hours]

[Maximum Marks : 35

Note : Answer from both the section as
Directed. The figures in the right-
hand Margin Indicate marks.

Section-A 1×5=5

I 1. Emotional Intelligence in leadership
explains :

- (a) Effective Communication
- (b) Building Strong Relationships

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(Turn Over)

(2)

- (c) Conflict management
 - (d) All of the above
2. What is emotional intelligence?
- (a) The ability to monitor one's own and others feeling and one's thinking and actions
 - (b) The ability to not get angry when provoked.
 - (c) Being able to 'read' other people
 - (d) None of the above
3. Which of the following is the best predictor of academic performance?
- (a) Trait EI
 - (b) IQ
 - (c) Personality
 - (d) None of these
4. The function of communication that facilitates fulfillment of social needs is called :
- (a) Emotional expression
 - (b) Information
 - (c) Motivation
 - (d) Interaction

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(Continued)

(3)

5. Which of the following is a basic component of attitude?

- (a) Cognitive component
- (b) Affective component
- (c) Behavioral component
- (d) All of these

II. Answer the following short answer type questions. 2×5=10

- (a) Name the ability model of emotional intelligence?
- (b) What do you understand by self-awareness?
- (c) What is empathy?
- (d) Write the technique to manage emotions.
- (e) Define emotional intelligence.

Section-B

Answer any **one** question from each unit. 5×4=20

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(4)

Unit-I

- 3. Explain the ability model of emotional intelligence.
- 4. Discuss the importance of emotional intelligence.

Unit-II

- 5. Explain the term social competence and its importance.
- 6. Describe the characteristics of Leadership.

Unit-III

- 7. Discuss the role of empathy in communication.
- 8. Discuss the role of compassion.

Unit-IV

- 9. Describe the conceptualizations of emotional intelligence.
- 10. Discuss how to develop emotional intelligence skills.

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