

**UHN-24059**

(N031) B.Sc. Home Science  
(First Semester)

Examination, Dec.-2024

**Compulsory/Optional**

EMOTIONAL INTELLIGENCE

*Time : Two Hours ]*

*[Maximum Marks : 35*

**Note :** Answer from both the section as  
Directed. The figures in the right-  
hand Margin Indicate marks.

**Section-A**

1×5=5

**I 1.** Emotional Intelligence in leadership  
explains :

- (a) Effective Communication
- (b) Building Strong Relationships

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**(Turn Over)**

**(2)**

- (c) Conflict management
  - (d) All of the above
2. What is emotional intelligence?
- (a) The ability to monitor one's own and others feeling and one's thinking and actions
  - (b) The ability to not get angry when provoked.
  - (c) Being able to 'read' other people
  - (d) None of the above
3. Which of the following is the best predictor of academic performance?
- (a) Trait EI
  - (b) IQ
  - (c) Personality
  - (d) None of these
4. The function of communication that facilitates fulfillment of social needs is called :
- (a) Emotional expression
  - (b) Information
  - (c) Motivation
  - (d) Interaction

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**(Continued)**

(3)

5. Which of the following is a basic component of attitude?

- (a) Cognitive component
- (b) Affective component
- (c) Behavioral component
- (d) All of these

**II.** Answer the following short answer type questions.  $2 \times 5 = 10$

- (a) Name the ability model of emotional intelligence?
- (b) What do you understand by self-awareness?
- (c) What is empathy?
- (d) Write the technique to manage emotions.
- (e) Define emotional intelligence.

### Section-B

Answer any **one** question from each unit.  $5 \times 4 = 20$

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(4)

### Unit-I

- 3. Explain the ability model of emotional intelligence.
- 4. Discuss the importance of emotional intelligence.

### Unit-II

- 5. Explain the term social competence and its importance.
- 6. Describe the characteristics of Leadership.

### Unit-III

- 7. Discuss the role of empathy in communication.
- 8. Discuss the role of compassion.

### Unit-IV

- 9. Describe the conceptualizations of emotional intelligence.
- 10. Discuss how to develop emotional intelligence skills.

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